

Buckfastleigh Primary School

PE Curriculum Statement

INTENT

In line with the National Curriculum, at Buckfastleigh we aim to provide a PE curriculum that enables pupils to:

- Develop their physical literacy.
- Experience, enjoy and promote competence in a broad range of physical activities to support the development of their health, fitness and wellbeing.
- Have opportunities to compete in sports and other physically demanding activities within school, after school and within the wider community.
- Participate in physical activity which takes into account individual interests and needs.
- Understand the importance of living healthy, active lives and how we can do this.
- Be physically active for sustained periods of time to support them in becoming physically confident and competent.
- Develop important values such working as a team player, good sportsmanship, respect and motivation.
- Facilitate and support pupils in becoming comfortable and confident in the water and achieve the goals set out in the National Curriculum

IMPLEMENTATION

Children will experience two hours of high-quality PE teaching each week. Teachers model and support the development of a positive attitude towards PE learning and physical activity through the delivery of Arena schemes of work in line with the National Curriculum. This scheme provides overarching unit expectations as well as individual lesson expectations and suggested activities to achieve these but teachers are able to adapt these to suit the needs of their class and individual pupils. PE lessons are adapted through the use of the STEPs principle (Space, Task, Equipment and People).

We also supplement some of our PE curriculum with high-quality coaching to support children's skill progression and opportunity to access sport and physical activities they may not otherwise experience. Through observation and team teaching we utilise the sports coach to further teachers' subject knowledge.

Teacher's assessment of PE takes place through observation during lessons and utilises the Arena Gold, Silver and Bronze ratings every lesson to establish the children that are confident and those that need more support. Staff are supported with this through CPD from external specialists and the PE coordinator. Information is then shared with the next class teacher to support and inform their planning and any adaptations or re-teaching that may be required.



Additional to weekly PE lessons, through our Dartmoor School Sports Partnership we offer 4 impact days throughout the course of the year. This is an opportunity for children to participate in sports and physical activities and teachers to work alongside an external specialist, progressing the skills of pupils and staff.

Children have opportunities to practise skills in a variety of ways and each lesson builds upon the previous skills, teachers ensure sufficient lesson time to repeat and embed these skills. Different skills are recapped throughout and across the years, progressing and developing their confidence and competence in order to appropriately and accurately apply them in different activities and sports.

Children participate in swimming lessons, supported by a trained swimming teacher and in groups appropriate for their ability to ensure they get the necessary teaching to progress towards the national curriculum goals. Water safety is discussed in all year groups in an age-appropriate way to support children developing confidence in and around water and understand what to do in certain situations.

We offer a wide range of sporting after school clubs run by staff and outside agencies including Arena and Premier Sports. These clubs provide children with access to a wide range of sporting activities and a taste at sports and activities they may not otherwise experience. The clubs are changed once a half term and cater to a range of abilities. Utilising our partnerships with WEST and Dartmoor School Sports, a range of inter and intra events run throughout the school year, giving children opportunities to take part in competitive sports and a variety of physically-demanding activities.

Pupils will learn to:

| YF | Y1 | Y2 | Y3 | Y4 | Y5 | Y6 |
|---|---|----|--|----|----|----|
| <ul style="list-style-type: none"> • Develop their strength and coordination. • Use their bodies in different, challenging ways. • Become increasingly confident, agile and flexible. • Build stamina in physical activities. • Develop fine motor skills to support hand-eye co-ordination. | <ul style="list-style-type: none"> • Develop their fundamental movement skills (running, jumping, throwing and catching). • Extend their agility, balance and co-ordination independently and collaboratively. • Apply the skills they have learned in a variety of physical activities. • Work as a team in co-operative physical activities. • Be competitive both against themselves and others in a fair and respectful way. • Perform dances using simple movement patterns. • Understand how the body changes during exercise. | | <ul style="list-style-type: none"> • Use and apply fundamental skills in a variety of ways. • Link multiple skills to make actions and sequences of learning. • Develop flexibility, strength, technique, control and balance. • Communicate, collaborate and compete with each other in a supportive, encouraging way. • Apply suitable attacking and defending principles. • Perform dances using a variety of movement patterns. • Understand how to improve in different physical activities and sports. • Evaluate and celebrate their personal successes. • Understand how the body changes and functions during exercise and the importance of warming up and cooling down. • Explain the importance of being active as part of living a healthy lifestyle. | | | |

IMPACT

The PE co-ordinator ensures that the PE curriculum is delivered appropriately and effectively throughout the school through monitoring, learning walks, observations and discussions with staff and pupils to ensure:

- Children have multiple opportunities across the school day to be physically active, supporting their health and fitness.
- Children master the fundamental movement skills, developing their physical confidence and competence and apply these in various sports and physical activities.
- Children have access to a wide variety of different sports and physical activities through PE lessons, clubs and specialist coaching to inspire and encourage a life-long love for physical activity.
- Through a high-quality PE curriculum and school-run and external clubs and events, children are inspired to excel in a variety of competitive and physically-demanding activities.

Assessment shows that children are physically competent and confident and equipped to apply the skills they have learned (both physical and personal) in a variety of sports and physically-demanding activities. Teachers use assessment effectively to determine next steps for those that need additional support and provide further challenge to those who are excelling in subsequent lessons.

The encouragement and multiple opportunities to be physically active throughout the school day, alongside the promotion and teaching about health motivates pupils to lead healthy lifestyles which can be carried forward into later life.