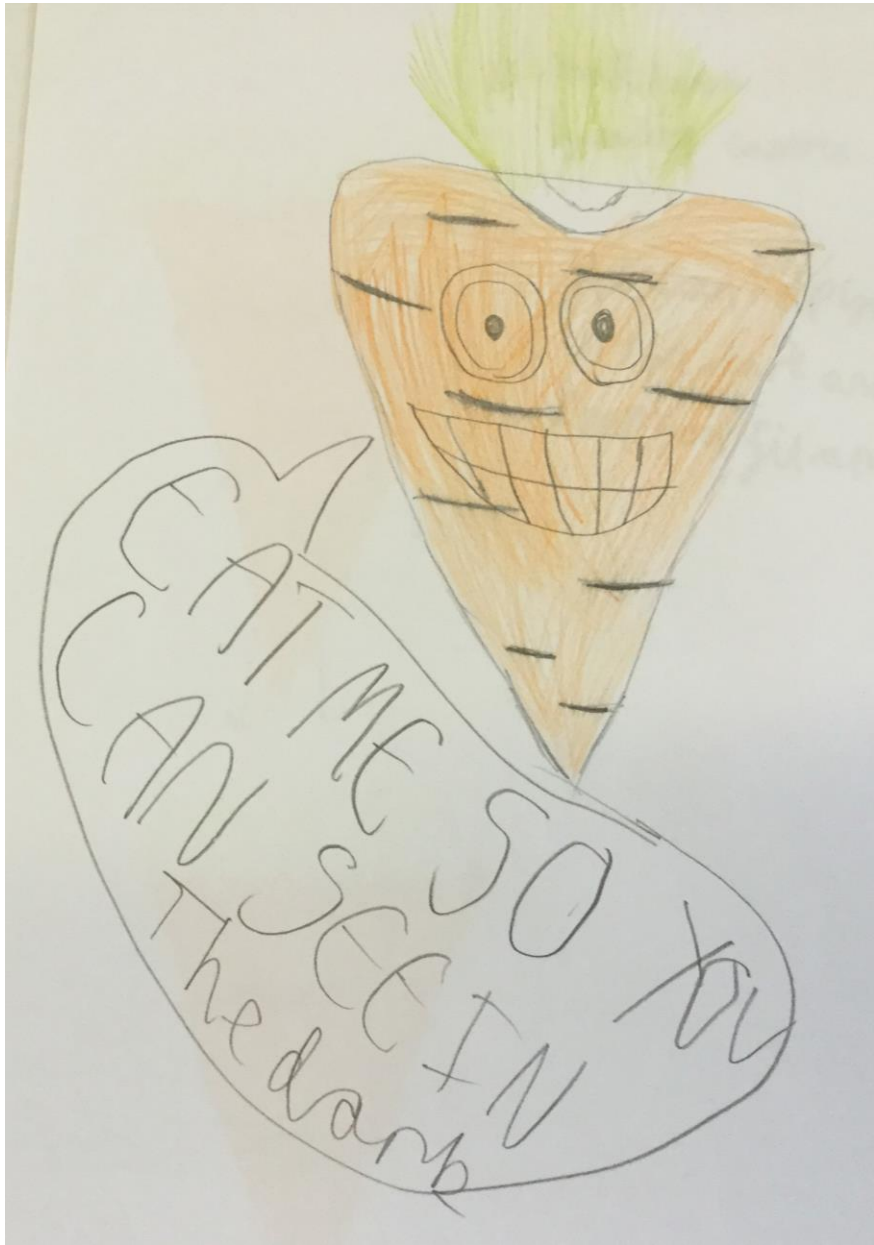


# Examples of WW2 Healthy Eating Posters

During WW2 due to rationing housewives needed to find alternatives to sugar and to find ways to use alternative ingredients to supplement their cooking.

The government at the time used a range of adverts to encourage housewives and to encourage children to eat more vegetables( which could be home-grown).

Following their own experience of cooking WW2 recipes ,Aberdeen class have created some artwork of their own in response to the WW2 posters they have seen.





BEEET  
IILLNESSSES

Soldiers  
even eat  
me.



Dr Carrot

I give you  
night vision  
if you eat  
me!

A child's best  
friend.