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3.2.23

Dear Parents and Carers,

Handball Fun

On Wednesday, all the children from Year 3 visited South Dartmoor to play handball. If you are not familiar with the sport, it is a bit like football where two sides are trying to score into a goal. However, the main difference is that you throw and catch the ball rather than kick it. Handball is a sport that is particularly popular in mainland Europe and is a fantastic sport which is accessible to people of all ages.

The year 3 children had a lovely afternoon. According to Dan Wase, there was some great listening and teamwork from the children. We would like to say a big thank you to all the parents who helped out in transporting the children. This enabled the children to attend the event. We hope those of you that stayed enjoyed watching.

Click on the link to watch some handball in action...

<https://www.youtube.com/watch?v=hCF2sdvGBcc>

Annual Consent Forms

Please click on the link below to update your family's information for school including our annual consents. We must have these on file for all children. Many thanks.

<https://forms.office.com/e/mzpQrKTWe1>

Safer Internet Day

Keeping safe when using the internet is very important for children and adults. This Tuesday 7th February is 'Safer Internet Day'. While we remind the children how to be safe online regularly through the year, it is always good to raise the profile even further at times. Next week, every class will be spending much of the Tuesday focusing on a different aspect of being safe online such as parental permission, internet trolls, fake news, cyberbullying and digital footprints. As children use the internet in so many ways, it is vitally important they understand how to do so in a way that keeps them safe.

If you have any questions or want to learn more about how to keep your child safe online, click on the weblink below to find out more...

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

SAFE, RESPECTED AND READY TO STEP OUT INTO THE WORLD

Belong

Creative

Sustainability

Curious

Empowered



Dates for your Diary

- **Friday 10th Feb** – End of half term
- **Monday 20th Feb** – Non-Pupil Day
- **Tuesday 21st Feb** – Start of term
- **Friday 31st Mar** – End of Spring term



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Parent Meetings

Don't forget that it is parent meetings next week. They are a very important part of the school calendar and give you the opportunity to find out exactly how your child has been doing at school. I would strongly encourage all parents to contact their child's teacher to ask for an appointment. Send a message on Class Dojo, speak to them directly or call the school office with the following details:

- Preferred day: Monday, Tuesday, Wednesday or Thursday next week.
- Before or after 5pm.

Your child's teacher will then get back in touch with any appointment time. If you are unable to come to a face to face appointment, we can meet organise a meeting on Teams if we have your email address.

Playtime Snacks and Classroom Drinks

I just wanted to end our newsletter with a reminder about playtimes snacks and drinks in class. Playtimes snacks should only be:

- Fresh fruit
 - Fresh vegetables
 - Cheese
- (no biscuits, crackers or processed fruit/veg)

Classroom drinks must be water. Children should save squash or fruit juice to lunchtimes only. We want children to be as healthy as possible as a healthy body supports a healthy mind and helps children to be ready for learning. Research around gut health and diet indicate that foods in their simplest form are healthier for us and improve wellbeing as opposed to processed foods and those with added sugars and sugar substitutes. While there are healthy options other than water, fruit, vegetables and cheese, it is very difficult for us to manage this in a school environment and we would regularly need to be checking labels to decide whether we felt something was 'healthy' enough. That's why we have taken the decision that we have.

If your child has medical or special educational needs which mean they need to have something different to this, please come and speak to our SENDCO, Rosina Kellman so we can put the right support in place. Thank you for your help with this.

Tea Time Talk Question of the Week

Would it be good to be famous? Why? Why not?

Have a great weekend,

Eddie Brown

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