



## **Physical Education Curriculum Statement**

### **Intent**

**Physical education plays a critical role in developing well-rounded, healthy children and young people.**

At Buckfastleigh Primary School we believe that Physical Education should give all of our children, regardless of ability, an enjoyable experience, which they will continue on into their adult lives. We aim to set children up for lifelong enjoyment of games, athleticism, and activity while also helping them grow their social and cooperation skills, self-evaluation, and goal-setting abilities. We believe that developing children's physical confidence and competence by providing opportunities to be creative and competitive as individuals, groups and teams will promote a positive lifelong attitude towards an active and healthy lifestyle, as well as enhancing the capacity to learn for all members of the school community. We educate children about the importance of healthy and active lifestyles and how these can be achieved. We provide our children with a range of sporting activities including striking and fielding, net and wall and invasion games, athletics, dance, gymnastics and swimming. This is done both through the teaching of P.E at Buckfastleigh as well as a range of after school clubs, teams and opportunities to compete in both intra school and inter school competitions and festivals. Our aims are set out in the 2014 National Curriculum for physical education to ensure that all pupils:

develop competence to excel in a broad range of physical activities

are physically active for sustained periods of time

engage in competitive sports and activities

lead healthy, active lives

***'SAFE, RESPECTED AND READY TO STEP OUT INTO THE WORLD'***

**Belong**

**Creative**

**Sustainability**

**Curious**

**Empowered**

## **Implementation**

At Buckfastleigh, children have two lessons of Physical Education per week. We follow schemes of work from The PE Hub. This provides every teacher with the knowledge, resources and tools needed to enable effective delivery and provision. The units of physical education learning develop objectives, activities and outcomes and assessment opportunities in line with the National Curriculum. Our PE lessons incorporate a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses and also allow them to collaborate. **Children in Years 1-6 attend swimming lessons at the local swimming pool where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.** In addition to PE in curriculum time, we also provide opportunities for children to access extra-curricular physical activity through a wide range of sporting and active clubs. We promote both intra and inter school sports through our school houses and local competitions and tournaments within our schools Trust. In addition, we encourage active playtimes through the use of play leaders.

## **Impact**

All children at Buckfastleigh Primary School receive a broad and balanced PE curriculum regardless of year group or ability. Every child accesses all of the key areas of the subject on offer at our school. The impact of our Physical Education lessons are healthier children who are enthusiastic in participating in a range of activities. Children understand the importance of being healthy and fit and have a positive attitude to leading an active lifestyle. Our lessons develop their physical ability, as well as building their character, team-work and problem solving skills. At Buckfastleigh, children understand and engage in competitive sports and have a great team spirit. Children are motivated to take part in competitions and represent the school in a team.

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